



Introducing I AM ASLEEP Gummies – your natural solution for deep, restful sleep. Crafted with a tranquil blend of Wild Jasmine, Blue Lotus, Chamomile, Valerian, Basil, and Boswellia, these gummies are designed to support relaxation, soothe the mind, and promote a peaceful night's sleep. Whether you struggle to wind down or simply want to improve your sleep quality, I AM ASLEEP Gummies bring restful nights within reach.

# **Key Ingredients**

Wild Jasmine (Umalala): Known for its calming properties, Wild Jasmine promotes relaxation and helps ease you into a restful state, setting the stage for a peaceful night.

Blue Lotus: This gentle, natural sedative supports relaxation and enhances sleep quality, helping you drift off more easily.

Chamomile: With soothing effects that ease tension, Chamomile helps calm the mind, promoting a sense of tranquility for a good night's rest.

Valerian: Valerian is a powerful herb traditionally used to reduce restlessness and improve sleep quality, helping you stay asleep longer.

Basil: Known for its relaxing properties, Basil gently calms the nervous system, supporting a smooth transition to sleep.

Boswellia: This herb complements the formula by reducing stress and promoting calmness, aiding both body and mind in preparing for restful sleep.

# **Kev Benefits**

Faster Sleep Onset: Valerian and Blue Lotus help you fall asleep faster by easing tension and supporting a relaxed mind. Improved Sleep Quality: Wild Jasmine, Chamomile, and Basil work together to improve sleep depth, allowing for a more rejuvenating experience.

Natural Relaxation: With soothing botanicals, these gummies help relax both mind and body, making it easier to unwind at the end of a long day.

Wake Up Refreshed: The balanced blend helps you achieve a deeper, undisturbed sleep, so you can wake up feeling refreshed and ready for the day.

Enjoy Restful Nights, Naturally: With I AM ASLEEP Gummies, you can embrace the calming effects of nature's best sleep-supporting ingredients.



\*SCAN OR CODE FOR MORE INFORMATION







@ elevate\_supplements

## I AM ASLEEP GUMMIES

### KEY INGREDIENTS: PER 5g SERVING Wild Jasminen - Umalala

| Jasminum Fruticans| 200mg | Blue Lotus (Nymphaea Caerulea) | 150mg | Chamomile (Matricaria Recutita) | 150mg | Valerian (Valeriana Officinalis) | 250mg | Basil (Ocimum Basilicum) | 100mg | Boswelia (Boswelia (Boswella Serrata) | 150mg |

#### OTHER INGREDIENTS:

Pectin, Fruit Juice, Natural Flavours, Steviol Glycosides, Maltitol, Isomalt, Citric Acid, Potassium Sorbate and Carnauba Wax.

#### TYPICAL NUTRITIONAL INFORMATION

	PER SERVING: 1 GUMMY
Calories	15
Total Carbohydrates	4.5g
Total Sugar	0g
Sugar Alcohol	2g
Total Sodium	0.05g

### FLAVOURS: Mixed fruit.

**STORAGE**: Store in a cool dry place, below 25°C and out of direct sunlight.

DOSAGE: One per day.

PRECAUTIONS: This product is not registered with any authoritative board for its safety, quality, or intended use.

This product is not intended to diagnose, treat, cure, or prevent any disease. Consult with your health care professional before use.

ALLERGENS: Contains None.
KEEP OUT OF REACH

OF CHILDREN



ELEVATE YOUR HEALTH