

EXTRACT I AM CALM GUMMIES



Introducing I AM CALM Gummies – your natural way to find peace and balance in every moment. Formulated with a soothing blend of Ashwagandha, Sceletium, Reishi, and Chamomile, these gummies are designed to help you manage stress, promote relaxation, and support a calm state of mind. Whether you're winding down after a busy day or need support to handle daily pressures, I AM CALM Gummies bring tranquility within reach.

Key Ingredients

Ashwagandha: Known for its adaptogenic properties, Ashwagandha helps reduce stress by balancing cortisol levels, calming the mind, and supporting overall emotional well-being.

Sceletium: This mood-enhancing herb aids in alleviating tension and promoting relaxation, helping you achieve a more centered and balanced mindset.

Reishi: Often called the “mushroom of immortality,” Reishi is prized for its ability to support the body’s natural stress response, enhance immunity, and promote calmness and resilience.

Chamomile: With its gentle, soothing properties, Chamomile helps relax the body and mind, promoting restful sleep and supporting a sense of inner peace.

Key Benefits

Stress Relief: Ashwagandha and Reishi work together to reduce stress, creating a calm foundation for you to take on any challenge.

Mood Support: Sceletium enhances mood, helping ease tension and promoting a peaceful, positive outlook.

Enhanced Relaxation: Chamomile offers gentle relaxation support, making it ideal for winding down after a long day or preparing for restful sleep.

Natural, Gentle Calm: These gummies provide a convenient way to support a calm, balanced mind with the powerful yet gentle effects of natural ingredients.



I AM CALM GUMMIES	
KEY INGREDIENTS: PER 5g SERVING	
Ashwagandha (Withania Somnifera)	400mg
Sceletium (Sceletium Tortuosum)	300mg
Reishi (Ganoderma Lucidum)	200mg
Chamomile (Matricaria Recutita)	100mg
OTHER INGREDIENTS:	
Pectin, Fruit Juice, Natural Flavours, Steviol Glycosides, Maltitol, Isomalt, Citric Acid, Potassium Sorbate and Carnauba Wax.	
TYPICAL NUTRITIONAL INFORMATION	
PER SERVING: 1 GUMMY	
Calories	15
Total Carbohydrates	4.5g
Total Sugar	0g
Sugar Alcohol	2g
Total Sodium	0.05g

FLAVOURS: Mixed fruit.

STORAGE: Store in a cool dry place, below 25°C and out of direct sunlight.

DO dosage: One per day.

PRECAUTIONS: This product is not registered with any authoritative board for its safety, quality, or intended use. This product is not intended to diagnose, treat, cure, or prevent any disease. Consult with your health care professional before use.

ALLERGENS: Contains None.

KEEP OUT OF REACH OF CHILDREN



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